



## Summer Alpine Climbing Equipment List

<input checked="" type="checkbox"/> CLOTHING	NOTES	GUIDE'S CHOICE
Wool or synthetic top baselayer		
Midweight fleece jacket	An integrated hood adds warmth and weather protection	
Waterproof top outer shell	GoreTex, eVent, or similar hardshell waterproof/breathable membrane	
Softshell/wind jacket	Lightweight	
Softshell pants	Lightweight w/ DWR	
Lightweight down or synthetic insulated jacket	Down is lighter and warmer though synthetic will insulate even when wet	
2-3 pairs of midweight hiking socks	Extras only needed for overnight objectives	
Warm hat		
Sun hat		
Buff		

<input checked="" type="checkbox"/> CAMPING SYSTEMS (overnight objectives only)	NOTES	GUIDE'S CHOICE
Climbing backpack	Approx. 50-75 liters	
Inflatable sleeping bag	Full length	
Sleeping bag	20 degrees recommended	
Compression sack		
Tent	Lightweight 3 season	
Breakfasts and dinners	Lightweight and easy prep, freeze dried recommended	
Hot drinks	Coffee, cider, cocoa, etc.	
Bowl and spoon	Lightweight and compact	
Lightweight camp mug or thermos		
Human waste disposal bags	1 bag recommended per 2 days	
Toiletry kit (toilet paper, hand sanitizer, toothbrush and paste)		

☑	CLIMBING GEAR	NOTES	GUIDE'S CHOICE
	Climbing backpack	Approx. 35 liters (for single day objectives only)	
	Trekking poles w/ snow basket		
	Approach shoes		
	Comfortable climbing shoes	Route dependent	
	Chalk bag w/ chalk		Petzl Bandi
	Belay gloves		Petzl Cordex
	Climbing helmet		Petzl Elios
	Harness	Adjustable leg loops, must fit over your layers	Petzl Aquila
	Belay device and locking carabiner		Petzl Verso & Attache
	48" (160cm) sewn nylon sling		Petzl Anneau
	2 locking carabiners		Petzl Spirit Screw-Lock
	2 non locking carabiners		Petzl Ange L

☑	ACCESSORIES	NOTES	GUIDE'S CHOICE
	Sunglasses	CAT 3 lenses w/ wrap around	Opticus Altice Panorama
	Headlamp w/ extra batteries		Petzl Tikka XP
	Small tube of sunscreen and SPF chap stick		
	Lightweight camera		
	1-2 liters of water		
	High energy lunch and snacks		Honey Stinger
	Small personal first aid kit		

**Thanks to our sponsors:**

