



## Rock Climbing Equipment List

<input checked="" type="checkbox"/>	CLOTHING	NOTES	GUIDE'S CHOICE
	Lightweight synthetic or wool t-shirt		
	Midweight fleece jacket	An integrated hood adds warmth and weather protection	
	Lightweight wind resistant outer shell	DWR adds weather resistance in the event of summer afternoon storms	
	Comfortable climbing pants	Lightweight, durable, and stretchy	
	Down or synthetic insulated jacket	Lightweight belay jacket (weather dependent)	
	Lightweight hiking socks		
	Approach/hiking shoes	Sticky rubber tread recommended	
	Sun hat		

<input checked="" type="checkbox"/>	CLIMBING GEAR	NOTES	GUIDE'S CHOICE
	Climbing backpack	Approx. 35 liters	
	Multipitch backpack	Route dependent, approx 15-20 liters	Petzl Bug
	Comfortable climbing shoes		
	Chalk bag w/ chalk		Petzl Bandi
	Belay gloves		Petzl Cordex
	Climbing helmet		Petzl Elios
	Harness		Petzl Adjama (m) or Luna (w)
	Belay device and locking carabiner		Petzl Verso & Attache
	48" (160cm) sewn nylon sling		Petzl Anneau
	2 locking carabiners		Petzl Spirit Screw-Lock
	2 non locking carabiners		Petzl Ange L

☑ ACCESSORIES	NOTES	GUIDE'S CHOICE
Sunglasses	Comfortable and athletic fit	Opticus Altice Panorama
Small tube of sunscreen and SPF chap stick		
Lightweight camera		
1-2 liters of water		
High energy lunch and snacks		Honey Stinger
Athletic tape	Optional, used for taping hands while crack climbing	
Small personal first aid kit		

**Thanks to our sponsors:**

