



## Mountaineering Equipment List

<input checked="" type="checkbox"/> CLOTHING	NOTES	GUIDE'S CHOICE
Wool or synthetic top and bottom baselayer		
Midweight fleece jacket	An integrated hood adds warmth and weather protection	
Waterproof top and bottom outer shell	GoreTex, eVent, or similar hardshell waterproof/breathable membrane. Pants should have full side zippers	
Softshell top and bottom	Lightweight and breathable	
Down or synthetic insulated parka	Down is lighter and warmer though synthetic will insulate even when wet	
3 Pairs of heavyweight mountaineering socks		Darn Tough Vermont Socks
Lightweight liner gloves		
Softshell/waterproof climbing gloves w/ high dexterity		
Heavyweight, waterproof ski gloves		
Gaiters	Optional, some climbing pants have a feature to tie a 2mm elastic cord loop to keep pants tight over your boot	
Warm hat		
Sun hat		
Buff		

<input checked="" type="checkbox"/> CAMPING SYSTEMS (for overnight objectives only)	NOTES	GUIDE'S CHOICE
Climbing backpack	Approximately 50-75 liters	
Closed-cell foam sleeping pad	3/4 or full length	
Inflatable sleeping pad	Full length	
Sleeping bag	0 degrees recommended	
Compression sack		
Bowl and spoon	Lightweight and compact	
Lightweight camp mug or thermos		
Toiletry kit (toilet paper, hand sanitizer, toothbrush and paste)		
Human waste disposal bags	1 bag recommended per 2 days	

<input checked="" type="checkbox"/>	<b>CLIMBING GEAR</b>	<b>NOTES</b>	<b>GUIDE'S CHOICE</b>
	Trekking poles w/ snow basket		
	Avalanche transceiver	Depending on route/conditions	
	Metal shovel		
	Avalanche probe	Depending on route/conditions	
	Rigid crampon compatible mountaineering boots		
	Horizontal 12-point steel crampons		Petzl Vasak
	Mountaineering axe		Petzl Glacier
	Climbing helmet	Must fit over your warm hat	Petzl Elios
	Harness	Adjustable leg loops, must fit over your layers	Petzl Aquila
	2 locking carabiners		Petzl Attache
	2 non locking carabiners		Petzl Ange L

<input checked="" type="checkbox"/>	<b>ACCESSORIES</b>	<b>NOTES</b>	<b>GUIDE'S CHOICE</b>
	Sunglasses	Dark lenses w/ wrap-around or side shields	
	Headlamp w/ extra batteries		Petzl Tikka XP
	Small tube of sunscreen and SPF chap stick		
	Lightweight camera		
	Notebook and pencil	Optional	
	1-2 liters of water		
	High energy lunch and snacks		Honey Stinger
	Small personal first aid kit		