



Ice Climbing Equipment List

<input checked="" type="checkbox"/> CLOTHING	NOTES	GUIDE'S CHOICE
Wool or synthetic top and bottom baselayer		
Midweight fleece jacket	An integrated hood adds warmth and weather protection	
Synthetic insulated vest	Optional	
Softshell top and bottom	Midweight with DWR	
Down or synthetic insulated parka	Down is lighter and warmer though synthetic will insulate even when wet	
Heavyweight mountaineering socks		
Lightweight liner gloves		
Softshell/waterproof climbing gloves w/ high dexterity	2 pairs recommended	
Gaiters	Optional, some climbing pants have a feature to tie a 2mm elastic cord loop to keep pants tight over your boot	
Warm hat		
Sun hat		
Buff	Optional	

<input checked="" type="checkbox"/> CLIMBING GEAR	NOTES	GUIDE'S CHOICE
Climbing backpack	Approx. 35 liters	
Trekking poles w/ snow basket		
Avalanche transceiver	Depending on route/conditions	
Metal shovel	Depending on route/conditions	
Avalanche probe	Depending on route/conditions	
Rigid crampon compatible mountaineering boots		
Vertical frontpoint crampons		Petzl Lynx
Technical ice tools		Petzl Quark or Nomic
Climbing helmet	Must fit over your warm hat	Petzl Elios
Harness	Adjustable leg loops, must fit over your layers	Petzl Aquila
Belay device and locking carabiner		Petzl Verso & Attache
48" (160cm) sewn nylon sling		Petzl Anneau
2 locking carabiners		Petzl Spirit Screw-Lock
2 non locking carabiners		Petzl Ange L
Ice tool tethers	Optional	
1-2 ice tool clippers		Petzl Caritool

☑ ACCESSORIES	NOTES	GUIDE'S CHOICE
Sunglasses	CAT 3 lenses w/ athletic fit	Opticus Altice Panorama
Headlamp w/ new batteries		Petzl Tikka XP
Small tube of sunscreen and SPF chap stick		
Lightweight camera		
1-2 liters of water		
Thermos w/ hot drink		
High energy lunch and snacks		Honey Stinger
Small personal first aid kit		

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