



Alaska Alpine Climbing Equipment List

☑ CLOTHING	NOTES	GUIDE'S CHOICE
2 wool or synthetic top and bottom baselayers	Lightweight and light colors	
2-3 pairs underwear	Synthetic material	
Midweight fleece jacket	An integrated hood adds warmth and weather protection	
Midweight vest	Breathable and fits under jackets w/o restriction of movement	
Waterproof shell jacket	GoreTex, eVent, or similar hardshell waterproof/breathable membrane	
Softshell top and bottom	Midweight, breathable, and DWR	
Lightweight down or synthetic jacket	Approx. 100g of down-fill or 60g/m ² of synthetic-fill recommended	
Down insulated parka	200g of down-fill recommended	
Down or synthetic insulated pants	Should have full side zippers	
3-4 pairs of heavyweight mountaineering socks		
Down or synthetic camp booties		
Lightweight liner gloves		
2 pairs midweight softshell/waterproof climbing gloves w/ high dexterity		
Heavyweight, waterproof ski gloves		
Gaiters	Optional, some climbing pants have a feature to tie a 2mm elastic cord loop to keep pants tight over your boot	
Warm hat		
Sun hat		
Buff		
Balaclava	Should be comfortable and fit your face snugly	

<input checked="" type="checkbox"/> CAMPING SYSTEMS	NOTES	GUIDE'S CHOICE
Expedition duffel bag	Approximately 150 liters, long and narrow is better than boxy	
Closed-cell foam sleeping pad	3/4 or full length	
Inflatable sleeping pad	Full length	
Sleeping bag	0 to -20 degrees recommended	
Compression sack		Sea to Summit eVent Compression Dry Sack

<input checked="" type="checkbox"/> CLIMBING GEAR	NOTES	GUIDE'S CHOICE
Climbing backpack	Approximately 25 liters, for single day climb	
Climbing backpack	Approximately 50 liters, for overnight climb	
Adjustable trekking poles w/ snow baskets		
Snowshoes	Climbing riser strongly recommended	
Double mountaineering boots	Synthetic double boots recommended, rather than plastic. It is possible to climb in single boots with an integrated gaiter in milder conditions.	
Crampons	Vertical frontpoints recommended w/ anti balling plates	Petzl Lynx
2 ice tools	Technical ice tools	Petzl Quark
Ice tool leashes	Umbilical cord style	
Climbing helmet	Must fit over your warm hat	Petzl Meteor
Harness	Lightweight w/ adjustable leg loops, must fit over your layers	Petzl Sitta
2 ice screw clippers		Petzl Caritool
15ft 5mm accessory cord		
4 locking carabiners		Petzl Attache
4 non locking carabiners		Petzl Ange L
48" (160cm) sewn nylon sling		Petzl Anneau
Belay device w/ locking carabiner		Petzl Reverso w/ Attache

<input checked="" type="checkbox"/> TRAVEL SYSTEMS (these items are left in town)	NOTES	GUIDE'S CHOICE
Travel duffel bag	Approximately 50 liters	
Travel clothing	Comfortable and casual (2 days worth)	
Travel sneakers	Comfortable and casual	
Cash or credit card	For meals in town and misc. gear purchases	

ACCESSORIES	NOTES	GUIDE'S CHOICE
Glacier sunglasses	Dark lenses w/ side shields	Opticus Altice Venture
Nose guard	Optional, difficult to find online but available locally in Talkeetna	Opticus Beko Nose Guard
Small tube of sunscreen and SPF chap stick		
iPod w/ headphones		
Lightweight solar charger and battery pack	Most devices require a battery pack to facilitate proper charging	
Lightweight camera		
Lightweight book	Avoid hardcovers	
Headlamp	Lightweight	Petzl Tikka
Small knife or multitool	Lightweight and compact	
Bowl and spoon		
Lightweight camp mug		
1 liter thermos		
1-2 liters of water		
Insulated water bottle koozie	1 liter w/ wide mouth opening	
Pee bottle		
Pee funnel (for women only)		
2-3 pairs handwarmers	For summit days	Honey Stinger
High energy lunch and snacks		
Small personal first aid kit		
Toiletry kit (toilet paper, hand sanitizer, wet wipes, toothbrush and paste)		

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